



► Training

ON OFFER

PAGE 3



► Congratulations

Bronze SRC

Officials ART

PAGE 3



► Competition

Reports

PAGE 4



► Nippers News

PAGE 5

○ JANUARY - FEBRUARY

○ 2023

SAWTELL

s/lsc



Message from the President

Hi all, this year has flown past. I want to thank Adam, Ian, Bruce, and Mick for their ongoing work behind the scenes. The work that goes into grants, maintenance and general repairs is constant and often a thankless task.

Sawtell SLSC is located on the lands of the Gumbaynggirr Aboriginal people, who are the Traditional Custodians of the lands and waters from which the Club operates. Sawtell SLSC pays our respects to the Traditional Custodians and their Elders past and present.



I know there are many others that contribute, and I would like to acknowledge all of you. It's amazing how much life is in the club, with Nippers, Inclusion Program, competition, training and patrols all happening at a frantic pace. It's been a busy time with plenty of activities keeping everyone busy. It's always amazing at all the behind the scenes work and activities that happen. Thank you to all those people that

dedicate their lives to making Sawtell a safer and inclusive place. On a building front the new rubbish area/ grease trap is near complete, and a great asset to the club. Hope you all have a happy and safe year.



Be kind and gentle.

**Pete Dawson
0409 003 650**



6 DATES

○ | COUNTRY TITLES

27 – 29 January 2023

Cape Hawke

○ | BRONZE INFORMATION SESSION

5 February 2023

Sawtell

○ | BRANCH CHAMPIONSHIPS

CARNIVAL

12 February 2023

Minnie Water

○ | STATE CHAMPIONSHIPS

23 February – 5 March 2023

Queenscliff

○ | AUSTRALIAN TITLES

25 March – 2 April 2023

Western Australia

○ | COFFS COAST OCEAN SWIMS

26 March 2023

Jetty Beach

COFFS COAST OCEAN SWIMS

Planning is again underway for the Coffs Coast Ocean Swims to be held on **Sunday 26 March 2023**. Please note this date in your diaries as the Club will need the support of as many members as possible be it swimming or assisting or both to ensure its undoubted success. Please be aware that the date for the swim is dependent on many factors most of which are outside the control of the Club.

Message from the Club Captain

How great is it to see a great summer period? The patrols are in fully swing - with the exception of a few preventative actions, it is a relief to report our beaches have been primarily incident free. The beautiful conditions have had the locals and visitor to our region coming down and enjoying our beaches and knowing they have the watchful eye of our volunteering members looking out for them.

A FEW SHOUT-OUTS...

Christmas Voluntary Patrols

> a very big thank you to our **46 Patrolling Members** who gave up part of their day to ensure we could make our beach safe for those wanting a Christmas Day swim and ensuring we met our patrolling obligations. Your commitment is very much appreciated and from all reports was a great day.

The newly proficient Bronze and SRC members – welcome and thank you for joining us and being committed to being a patrolling member. Every member on patrol makes such a difference. Your contribution, no matter how small, all plays a significant part of a successful patrol operation.

Andrew Martin, Neil Robertson, Fiona Lane, Shane Golden, Steve Rayson, Scott Rayson and Dennis Meagher for the endless proficiencies to ensure the majority of our members have had their awards upgraded and marked as proficient for another year. Thank you!

To our trainers and those who assisted with the recent TAS, Bronze and SRC Group – your tireless efforts to ensure the TAS group was awarded with either a Bronze or SRC proficiency is greatly appreciated, and I thank you for giving up your time to get these members through.

TAS – Barry Walker, Dennis Meagher, Jeff Holmes, Kevin Clancy, Neil Robertson, Mark Sherrin, Mick McGavigan, Ross, Libby & Angus Waugh, Steve Kelly, Steve Rayson, & Terry de Carle.

BRONZE/SRC – Andrew Martin, Fiona Lane and Lyn Hastings

Dennis Meagher and Neil Robertson

> for undertaking the task of doing a mini audit on all of the first aid kits and restocking them all. Items had been taken from the kits during some first aid incidents which had not been replenished. A phone call to these two gentlemen and they both had no hesitation of putting some time aside to make it a priority to get our first aid gear in order again. A big thank you!

As we now settle into the back end of the season, time to start thinking if there are any other awards or qualifications you would like to gain – maybe start talking to your Patrol Captain or Chief Training Officer, Andrew Martin.

Please keep an eye out for updates on the Club's Newsletter, webpage and Facebook page. We will be running our annual IRB Crewpersons course, followed by the IRB Drivers course commencing late April / early May. These are essential services to the Club and also a lot of fun.

You must be a proficient IRB Crewperson to be eligible for the IRB Drivers course. To do the IRB Crewpersons course, you must be at least 15 years of age as at the date of the Exam and hold a current Bronze Medallion.

Enjoy the summer and best of luck to our competitors in the up & coming carnivals. I am aware the team's carnival is being held soon, closely followed by Country Titles.



Cheers and see you all on the beach.
Shelley Lantry 0438 518 103

clubcaptain@sawtellsurfclub.com.au

Message from Chief Training Officer

BRONZE COURSE

The next Bronze course is starting February with an information session on 5 February. If you know anyone interested, please invite them to this information session. The cost is \$175 which includes 2 yrs. membership, patrol uniform and manual. Prerequisites of this course: you must be able to swim 400m unaided in under 9 minutes in a pool and be 15 years old at the time of assessment.

SILVER MEDALLION PATROL CAPTAIN

For members interested in upskilling to the Silver Medallion Patrol Captains, there is a course running on 4 & 5 February at Coffs Harbour- 2 full days, please RSVP.

> TRAINING OFFICER CERTIFICATE

Anyone interested in becoming a Bronze/SRC trainer. The schedule for this course has been released with options for 4 different time slots being Feb, May, Aug and Oct. Please see me for more information regarding this training.

Please Contact me as soon as possible to secure a spot.

Andrew Martin
0419 485 401

training@sawtellsurfclub.com.au

WELCOME TO THE NEW OFFICIALS

Over the weekend we had some of our members compete their official's course at Sawtell. We would like to thank them for becoming an official allowing our members to compete at carnivals.

Officials play an important part within our organisation and are integral to the ongoing delivery of our sport. Officials ensure competitions are run in a safe and secure environment, while maintaining rules and regulations.

Clubs participating in competition need to fulfill a quota of officials to compete in a carnival. To officiate at competitions, individuals must nominate to the relevant club.



Congratulations to the following members who recently obtained awards.

○ | BRONZE MEDALLION

*Abel Straker
Caroline Dunphy
Chloe Woodgate
David Hellier
Erin Straker
Garth Lewis
Hans Van Aggelen*

○ | SRC

*Amelie Ruge
Brooke Mulholland
Eric Russel
Finn Groth
Gabe Wark
Jessica Peters
Mabel Barker
Monique Cruwys
Lucy McCormick
Noah Rink-Pilley
Taylor Williams
Tully Flynn
William Mayberry*

○ | OFFICIALS

*Adam Smythe
Greg Russell
Shelley Lantry*

○ | ART

*Levi Bannerman
Kevin Clancy*



○ COMMUNITY | ○ PLANNING | ○ PROFICIENCY

Our Club, a place to Belong, Grow and be Safe
www.sawtellsurfclub.com.au

COMPETITION MANAGERS REPORTS

JUNIOR COMPETITION A gorgeous, sunny Sunday 6 November at Sawtell Beach, played host to the second North Coast Branch carnival of the season and Interbranch selection carnival # 2. Sawtell put on some challenging surf for the competition, and it was impressive to see many of our nippers performing strongly & confidently in these conditions. Unfortunately, several of the younger age group water events were cancelled due to the hazardous surf. This didn't stop the beach events with many great results from individuals and teams. Sawtell once again finished in 2nd place behind Woolgoolga. Congratulations to all competitors.

Running a carnival is an enormous task and sincere thanks must go to the fantastic volunteers that assisted with all aspects of the day. Those that assisted with set up & pack up, officials duties, water safety, coaches, age managers and BBQ workers. Without these amazing volunteers, these opportunities for our kids simply would not exist. A massive thank you to all parents who helped on the BBQ with selling, purchasing extra food, serving, packing up and packing down. We took just over \$3000 in sales. Well done!

Congratulations to the following Sawtell Nippers who gained selection in the North Coast Representative Team and competed at the 2022 Interbranch Championships held on 3 & 4 December at Shelley Beach on the Central Coast.

U12 - Molly Williams

U13 - Saul Easman, Maddison Graham, George Haynes & Isaac Ryan

U14 - Brooke Mulholland & Noah Rink-Pilley

Congratulations to these Sawtell representatives who performed well in tough conditions. There were some very pleasing results on the sand and in the water against some of the strongest competitors in NSW.

We would also like to wish our Nippers all the best when they represent Sawtell at the 2023 NSW SLS Country Championships in Cape Hawke at the end of January! Sawtell have 44 Junior competitors who are training hard and a huge thank you must go to our dedicated coaches who are providing a fantastic weekly training schedule for all members.

A reminder that anyone wishing to enter the NSW State SLS Championships, entries are due to Prue Graham by **14 January 2023**. Please email Prue on isaprue@ccgs.nsw.edu.au to register competitors. The State Titles will run from **Thursday 23 to Sunday 26 February** (depending on your age group) at Queenscliff Surf Club in Manly. Information can be found on WhatsApp Age Groups and through this link <https://www.surflifesaving.com.au/event/2023-nsw-surf-life-saving-championships/>

Prue Graham

Junior Competition Manager

SENIOR COMPETITION Congratulations to the following Senior Competitors who were selected for 2022 Interbranch Team this season. Conditions at Shelley Beach were extremely challenging for all competitors which saw the carnival split over 2 areas of the beach.

Open – Finn Klinkers

U17 – Jenson O'Leary, Amelia Moore, Angus Waugh

U15 – Maddison O'Leary, Duke Easman

With only 3 weeks left until 2023 Country Champs at Cape Hawke, our Senior Competitors are training extremely hard across all disciplines 6 days a week. This season will see 16 Senior/Open/Master Competitors compete in water and sand events.

Our Senior athletes will continue training for State Titles on **3-5 March 2023**. This year State Titles has returned to Queenscliff SLSC. Sawtell has 7 competitors.

Wishing all our competitors GOOD LUCK with their up and coming Carnivals.

Joanne O'Leary

Senior Competition Manager

PHOTOGRAPHY

Any members who have any photos of any club activity and are prepared to share them with others! Please email the photos to socialmedia@sawtellsurfclub.com.au.

These images may be used on club social media platforms including the Newsletter and would be muchly appreciated.



Nippers News

I would firstly like to wish all our Nipper families a very happy new year!

Nippers out and about Although Nippers has been broken up since before Christmas, our Nippers have been busy out in the Community.

Thank you to the Nippers and their families who assisted with the selling of song books and collected donations at the Carols by Candlelight and Sawtell Golf Club. This event was a great opportunity to showcase our Nippers and the Surf Life Saving organisation. A visit from Santa was a treat too!

Sawtell Nippers were also a part of the parade which is a part of the Sawtell Family Fun Day. Once again our Nippers were out representing the Surf Life Saving organisation and contributing to the organisation's mission of building better communities. Volunteering at these community events demonstrates that there is a role for everyone, including our Nippers, at Surf Life Saving.

Nipper carnivals The next major carnival on the Nipper calendar is **Country Championships** which will be held at Cape Hawke on **January 27 - January 29 2023**. Our Nippers have been training consistently over the school holidays, and on behalf of the Nippers and parents I would like to thank all of the Coaches, Water Safety, IRB Drivers and Crew, and parents who have volunteered their time to make these sessions run smoothly.

There are numerous Nippers who are also attending the State Age Championships at Queenscliff Surf Life Saving Club. We wish them well in their preparation for this prestigious event.

See you on the beach!

Tiffany Easman

Chairperson JASC



SUPPORTERS

Thank you to Sawtell Croquet Club for their donation to the club.

We would like to thank Lyn, Tiffany, Naomi and Mel for helping with selling candle and collecting donations for song book at the Sawtell carols on December 20. Thank you for your support.

Thank you to the nippers and their parents who helped the club with getting the float ready for the annual Sawtell Fun Day Parade on New Year's Day.

TUPPERWARE FUNDRAISER

For the month of January Sawtell SLSC has joined this unique event and would love the support of our community. For the next few week purchases made through the below link directly benefits our club. 10% of your sales comes back to the club!

Get sharing today with any Tupperware lovers you know, as any purchases through this link below or see our Facebook. Please register and start ordering.

<https://empower.tupperware.com.au/.../landCatalogue.htm...>



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