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NOVEMBER - | 2022
DECEMBER



SAWTELL SLSC



Sawtell SLSC is located on the lands of the Gumbaynggirr Aboriginal people, who are the Traditional Custodians of the lands and waters from which the Club operates. Sawtell SLSC pays our respects to the Traditional Custodians and their Elders past and present.



Message from the President

Welcome to all our new members. This year marks the 90th year of Sawtell surf club. What a fantastic and amazing milestone. Sawtell Surf Lifesaving Club has a long tradition of inclusion and diversity.

Over the years I have witnessed how friendly and approachable the members of this club are. It always amazes me at the range of, and accumulated knowledge of our membership. I am inspired by the quiet achievers in the club that contribute in many ways. All the activities of the club are completed by very capable and enthusiastic people that take pride in "Their" club. All this whilst doing it in a volunteer capacity. I encourage you all to thank these people as we see them going about their tasks. Without these heroes, the club would not be able to provide the amazing surf safety and activities that it does.



I encourage you all to use and thank our outstanding sponsors, for the terrific support they provide.

A lot of people see the Surf Club as a place where you need to be super fit and able to perform surf rescues. I often speak to people that would like to contribute, but don't think "lifesaving" is their thing. I can assure you that there are plenty of different roles that you could be involved with. If you are interested in supporting the club in any capacity, please ask.

Whilst I may not get to meet you in person, I am happy that you chose to be part of the history of Sawtell.

Thank you again to all our contributing members, see you on the beach.



Stay healthy, stay safe.

**Pete Dawson
0409 003 650**

10 DATES

○ | SECOND BRANCH CARNIVAL

6 November 2022

Sawtell

○ | CLUB SOCIAL BBQ AFTER CARNIVAL

6 November 2022 ~2-3pm

Sawtell

○ | INTERBRANCH

2 – 4 December 2022

Shelly Beach

○ | CLUB SOCIAL BBQ

4 December 2022 4pm

Sawtell Clubhouse

○ | LAST DAY NIPPERS FOR 2022

11 December 2022

Sawtell

○ | CARNIVAL

8 January 2023

Urunga

○ | NIPPERS IS BACK FOR 2023

8 January 2023

Sawtell

○ | COUNTRY TITLES

27 – 29 January 2023

Cape Hawke

○ | STATE CHAMPIONSHIPS

23 February – 5 March 2023

Queenscliff

○ | AUSTRALIAN TITLES

25 March – 2 April 2023

Western Australia

Message from the Club Captain

We are approximately 6 weeks into patrols and so far we are incident free! Patrols have been progressing well and hopefully most have attended one of the frequent proficiencies the Club has been holding or attending a proficiency at one of our neighbouring Clubs if the dates / times do not suit you. It is important to ensure you look at the available proficiency dates in order to renew and keep your bronze medallion qualification current. Proficiencies must be completed by the end of December.

Please continue to check the Branch website to enrol yourself in any upcoming courses to upgrade your skills or to keep your current qualifications.

Many of our patrolling members should have received an email regarding a call out to assist with Flood Assistance work. This is a part of SLS commitment to emergency services. If you are looking to assist, please be sure to complete the SLS Flood Water Rescue online training and register your interest via the email. A big thank you to those members who have already volunteered to assist with flood relief and have taken time out from their families and work commitments to provide these essential services.

Also thank you to our members who have assisted and help out with volunteering their time to assist with the Branch Carnival held at the Jetty recently, the Summer of Surf held at Woolgoolga and at the upcoming 2nd Branch Carnival which is being held at Sawtell next weekend. Without you volunteering your time to assist with water safety, providing official duties, duty officers and IRB duties these carnivals would not be able to take place.

Hopefully all of our members are wearing the correct patrol shirt – this is the one with SLS Sponsor **AMPOL** displayed down the right hand sleeve. If you do not have one of those shirts, please advise me of your patrol number and size, and I can organise that for you. Female sizes are 10, 12, 14 etc; male sizes are M, L, XL etc. Members may not be aware but you can purchase other SLS uniform items such as patrol jackets, tracksuit jumper / pants etc. from the online store located on the members portal.

Looking forward to many sunny patrol weekends & a big turnout at this weekend's branch carnival. Please look for Club emails in ways you can help make the carnival at Sawtell a success. Many hands make light work!

See you all on the beach.

Cheers



Shelley Lantry
0438 518 103

clubcaptain@sawtellsurfclub.com.au



Message from Chief Training Officer

PROFICIENCY

Only 2 more proficiencies to go: **Saturday 26 November and Saturday 17 December**. Please attend one of these dates if you haven't already. The Club is encouraging all active members to complete their skills maintenance online prior to the proficiency day. This saves our trainers considerable time and reduces the volume of paper the Club generates. There will be no printing of workbooks, answer sheets or certificates. If a member completes the skills maintenance online, the Chief Training Officer gets an automatic notification and a copy of the certificate.

UPCOMING COURSES

Maximum of 15 participants each course, with pre-course work needed to be completed.

- > **FIRST AID CERTIFICATE, HLTAID011**
19 November 9.30am to 4pm at Woolgoolga.
- > **ART CERTIFICATE, HLTAID015**
27 November 9.30am to 4pm at Woolgoolga.

Please Contact me as soon as possible to secure a spot.

Andrew Martin
0419 485 401

training@sawtellsurfclub.com.au



Congratulations to the following members who recently obtained awards.

○ | BRONZE MEDALLION

Dane Lewis
Zoe Clarke
Craig Clarke

WASTE MANAGEMENT COMPOUND

This project, which unfortunately faced the same problems that plagued the construction sector in general including wet weather and availability of material, is now complete. With savings to the Club through the installation of a trade waste disposal system and repositioning of the unsightly garbage skip bins this compound is certainly a win for the Club.

Thanks go to the NSW Government Office of Sport for their partial funding of this work and to the contractor Toscan Homes. The Club is also indebted to Garry Murray and Bruce Macphail for the considerable time spent on coordinating this project and to Mick McGavigan and Mark Sherrin for the landscaping work once the compound was completed.

MEMBER

RENEWALS

Membership renewals are now open on the SLS NSW members portal. Please make your membership payment at the time of renewing.

If paying for more than one family member please itemise your payments to detail who they are for.

WOMEN'S ONLY ALBERT IRB COURSE

Hunter will be running a Women's only ALBERT Course in March at Fingal Beach. Expressions of Interest are open and can be found here: <https://www.hsls.org.au/register-for-branch-courses>



COFFS COAST OCEAN SWIMS

Planning is again underway for the Coffs Coast Ocean Swims to be held on **Sunday 26 March 2023**.

Please note this date in your diaries as the Club will need the support of as many members as possible be it swimming or assisting or both to ensure its undoubted success.

Please be aware that the date for the swim is dependent on many factors most of which are outside the control of the Club.

PHOTOGRAPHY

Any members who have any photos of any club activity and are prepared to share them with others! Please email the photos to socialmedia@sawtellsurfclub.com.au. These images may be used on club social media platforms including the Newsletter and would be much appreciated.

COMPETITION MANAGER'S REPORT



The competition season is truly underway with some competitors already up to their 4th Carnival of the Season.

Sawtell was invited to participate in a 2-day camp at Blackhead SLSC on the weekend on 24/25 September. 3 Senior and 4 Junior competitors attended. Day 1 was a training day with coaches from Blackhead, Cooks Hill, Mona Vale, and Sawtell training the children. Day 2 was a Fast 5 Carnival. Sawtell Competitors put their skills to the test and performed strongly. The weekend was a huge success and will run again in 2023

WOS Forster was our next Carnival. Jenson, Amelia and Maddison performed well on the Sunday with some good results. Maddison 7th Swim, 6th Board, Amelia 7th Swim, 12th Board and Jenson 15th Swim, 12th Board, 11th Open Board and 7th Ski. Maddison competed in the extended Iron on the Saturday placing 6th.

Our first Branch Carnival was held at the Jetty Beach on 23 October. Sawtell Seniors competed well finishing all races in top position. We even had a Master competitor compete in Open Iron. We are still waiting on point scores from the Seniors.

Summer of Surf at Woolgoolga was on 29 October. Sawtell had 6 competitors from our Seniors attend.

U15 Maddison, Carlo

U17 Jenson, Angus

Open Libby and Finn

Great results achieved by all.

Maddison and Carlo teamed up with competitors from Woolgoolga and Angus teamed up with Coffs Harbour for the 2 person Taplin.

Carlo placed 3rd, Maddison placed 7th and Angus placed 10th.

Our next branch carnival is on **Sunday 6 November**. Seniors/Masters come and compete or come down and cheer on Sawtell.

Cheers

Joanne O'Leary
Senior Competition Manager



Sunday Members Social event

Bring a plate to share with your mates! BYO drinks

📅 1st Sunday of every month

📍 Members Room Balcony Sawtell SLSC



Nippers News

Not even the cold, wet, breezy morning of Sunday 23 November, could deter a keen group of Sawtell competitors taking part in the first carnival of the season. Jetty Beach played host to this North Coast Branch and Interbranch selection Carnival number 1 and put on nice surf conditions providing most competitors with fun, and for some, challenging waves.

The impressive turnout of Sawtell Nippers made for a great day of competition. Sawtell achieved 19 1st, 22 2nd, 19 3rd, 28 4th, 23 5th and 17 6th placings. This left Sawtell in 2nd place on 444 points behind Woolgoolga on 575 points. A great result!

Sawtell impressed in the water and on the sand showing the breadth and depth of the club. Comments were made from other clubs with respect to Sawtell's impressive techniques in the water and obvious strong training program. A credit to our dedicated, passionate and committed Coaches and Age Managers.

With Sawtell hosting the next Carnival on **Sunday 6 November**, we look forward to having even more competitors take part in a day of fun and friendly competition and the final Interbranch selection Carnival for the North Coast Branch Representative Team for our U12 to U14 competitors. We encourage all members from U8's and up to come along, have a go and enjoy a fun day with teammates on our home beach!

A lot of assistance will be needed on the day with the BBQ, competition setup, pack-up and official duties, so **if there is anywhere you are keen to help**, please contact your respective Age Manager or one of the Junior Committee members.

Looking forward to a great season with all our Nippers and their families.

Anita Williams
Secretary JASC



1st Place to Dane Lewis (U15)

at the

2022 NSW Board Riding Championships






After a three-year hiatus SLSNSW hosted the 2022 Championships at Merewether SLSC

The Championships was meant to proceed on 3rd - 4th September but due to conditions was postponed to 8th-9th October 2022. Due to conditions on the 8th October saw this 2 day carnival compressed to a 1 day Carnival. This saw the running of 2 banks on Saturday 8th to try to get through as much of the competition program as possible.

Dane's heats were back-to-back. Competition was tough and conditions were challenging.



U14/U15 Male Short Board
Final : Heat 1 COMPLETE

RANK	ATHLETE	TOTAL
1	 Dane Lewis Sawtell	8.17 Won by 1.5
2	 Fred Carmody North Bondi	6.67 Needed 4.51
3	 Sam Pockley North Curl Curl	6.56 Needed 4.84
4	 Max Lechner Manly	3.03 Needed 6.14
5	 Angus Lechner Manly	3.03 Needed 6.14



Joanne O'Leary, Senior Competition Manager



CONTACT

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