

INFORMATION BOOKLET FOR NEW MEMBERS



CLUB MEETINGS

Club meetings are held on the second Monday of each month starting at 7pm in the Club multi-purpose room.

All members are both encouraged and welcome to attend.

CLUB NEWS

The Club uses a range of methods to ensure members are provided with timely and relevant information including notice boards on the Club premises, the Club webpage www.sawtellsurfclub.com.au, monthly e-newsletters, emails to members and sms to members.

The Club also has a Facebook page.

To our Sponsors, many thanks



SPONSORS

WELCOME



On behalf of Sawtell Surf Life Saving Club I warmly welcome you as a member and thank you for deciding to join our Club.

Our aim is to ensure all our members have a positive experience. We understand the importance of recognising and catering for individual needs, also to challenge each other to grow, adapt and positively engage in life saving skills and community service. We want to contribute to a local community where each member is encouraged to build and maintain healthy lifestyles and relationships – and build a club that people want to belong to.

There are many ways you can get involved – it is up to you as to how much benefit you will accrue whilst a Club member.

I look forward to you having a productive and valued time with Sawtell SLSC.

Sheena McTackett
President

CLUB HISTORY

Formed in 1932 the Club has been through both lean and good times. A snapshot of our history can be viewed on the club webpage. <http://www.sawtellsurfclub.com.au/club-history/>

Whilst many things have changed over the years there is one constant – our volunteer members patrolling the beach who give freely of their time to assist in keeping both our local community and visitors to our area safe.

Feel free to wander through the Clubhouse auditorium and member's room to see examples of memorabilia from over the years.



COMMUNITY | PLANNING | PROFICIENCY

Our Club, a place to Belong, Grow and be Safe
www.sawtellsurfclub.com.au



O | ABOUT THE CLUB

Today the Club is successful in many aspects including lifesaving, nippers, competitions, fundraising and community service – all achieved solely by volunteers.

The Club is affiliated with the North Coast Branch of Surf Life Saving NSW which comprises 8 clubs extending from Minnie-Waters in the North to Nambucca Heads in the South. Through our affiliation with the Branch we in turn become affiliated with SLSNSW and SLA.

The Club is run and managed in accordance with its Constitution and By-laws which all members are deemed to have read and accepted. These documents can be found via the following link:
<http://www.sawtellsurfclub.com.au/corporate-governance/>

In its day-to-day patrolling operations Sawtell is governed by Standard Operating Procedures issued by SLS. This document can be found at the following link:
<http://www.surflifesaving.com.au/resources/lifesaving-sops>

O | BECOMING A MEMBER

Membership can offer a range of opportunities which will promote a healthy lifestyle, a sense of pride, a sense of responsibility and purpose and positive social relationships.

Membership is open to anybody, regardless of age, race, religion or gender identity.

There is a place for everyone in Surf Lifesaving. If you are unable to perform the duties of an active surf lifesaver, then perhaps assistance in the administration, communications or fundraising areas is for you.

Membership categories within our Club include Nippers, Cadets, Active, Award, Associate and General. Details of these categories are listed in the Club By-laws.

The Club conducts a range of courses which can be found at the following link <http://www.sawtellsurfclub.com.au/educationtraining/>

The cost to complete a Bronze Medallion is \$175 which includes Bronze training, course manual and 2 years membership with the club. Following the Bronze, additional courses are available if you choose to increase your skills and knowledge - such as Advanced First Aid, IRB Drivers and Crew and Spinal Management.

There are numerous pathways within the surf lifesaving movement which can be found at <http://sls.com.au/pathways/>

O | WHAT SAWTELL SLSC EXPECTS OF YOU

The Club expects that all members will

- > Undertake all rostered patrols or organise a substitute if unavailable
- > Assist the Club in its ongoing fund raising efforts and assist in any community activities with which the Club may be involved
- > Abide by the Club Code of Conduct. This can be found by accessing <http://www.sawtellsurfclub.com.au/wp-content/uploads/2015/12/code-of-conduct-pdf.pdf>
- > Advise the club of any WH&S issues
- > Not rely on everyone's best friend "someone else".

O | CLUB CONTACT DETAILS

Most of what you need to know can be found by accessing the Club webpage:

www.sawtellsurfclub.com.au

Please use this as your first reference point.

For specific enquiries please email the Club Secretary at secretary@sawtellsurfclub.com.au

The Club's physical address is 22 Fourth Ave Sawtell NSW 2452 and the postal address is PO Box 74 Sawtell NSW 2452.

There is no phone at the Club.

O | WHAT YOU SHOULD EXPECT FROM SAWTELL SLSC

- > Opportunity to be an important team member in a valuable community service
- > Membership of a great Club with like-minded people
- > Learning valuable skills that may one day save a life
- > Opportunity to undertake additional learning to update your knowledge at no cost
- > Access to the Club gym (following mandatory induction)
- > Opportunity to join a range of training groups under the eyes of our qualified coaches
- > Access to the Club members room with its great ocean views
- > Access to use of Club equipment if training
- > Opportunity to participate in a range of carnivals, including our annual club championships
- > Opportunity to join one of the various groups that call our Club home including Tai Chi, Gentle Exercise and Yoga classes or join the 6am swimmers or 9am swimmers.