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SEPTEMBER
- OCTOBER | 2021

SAWTELL s/slc



Message from the President

Hi everyone, and welcome to the Sawtell SLSC Newsletter. Thank you for taking the time to read the Newsletter. It is a useful tool to inform you of club business, acknowledge achievements, promote activities, and recognise our sponsors. We welcome suggestions to improve the design and content of the Newsletter and our other information channels.

I would firstly like to recognise the contribution and achievements of Sheena during her tenure as President. Sheena has led the Club through significant change and events. Thank you Sheena for your commitment and continued support to the Club and its members.

As the season approaches, the Club and almost all community areas face the uncertainty and threat of COVID. Management committees at all levels and across all functions of SLS are meeting regularly to try and keep abreast of the issues. The planning is focused on business as usual, with contingency planning around reduced numbers and increased safety practices. The safety of members remains the priority focus while our surf lifesaving and emergency service commitments are to be met through a range of measures. The Club extends support to any members who may be facing difficulties in meeting membership requirements; don't hesitate to contact the Secretary for a confidential discussion on what support can be afforded.

All club members are reminded of our shared commitment to respect each other through how we communicate and interact. We are

all volunteers, and how we wish to serve our community should be respected. We are committed lifesavers who try the best we can to provide a safe and enjoyable aquatic experience to those who visit our beach and surrounds. I would like to think that if any members have concerns, they are raised in an open, respectful, and timely manner conducive to continual improvement. The strongest bond lifesavers have is trust that the person beside you will be there to assist when in peril; this equally applies when the risk is personal, reputational or can affect the team.

The Committee has agreed to some changes in access to Club documents and minutes. Rather than being only available in a Members' Area within the club web page, these documents are now available through the Members' Area on the SLSA portal. This now allows for single

► password access to your membership renewal, patrol roster, skills maintenance theory, e-learning modules and Sawtell SLSC minutes, policies and procedures for Sawtell SLSC. Sorting by Sawtell SLSC is the easiest method to search. ►



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Thank you for your service and support to Sawtell SLSC!

Kel Pearce
0421 916 204



president@sawtellsurfclub.com.au

Message from the Club Captain

Spring is well and truly in the air and that also signals the start of the 2021/22 Patrol Season which is fast approaching...



PATROLLING WITH COVID Presently, whilst we are in an LGA with no restrictions, patrols can continue even though we are still in the midst of a pandemic. Patrolling will ensure our members are able to continue to exercise and experience better mental health that are vital to ensuring we are all "okay". Face masks will be available for patrolling members. They should be worn in line with NSW Health Guidelines, and at any time where social distancing cannot be maintained. The exception to this is when patrolling members are in the water or in the IRB or RWC. Please note at the time of writing this, NSW Health mandates face masks are to be worn at all times when outside, and inside any public space that is not your residence. We will keep you updated as

conditions and guidelines change. PPE should be worn where possible when performing emergency services (except of course if this occurs in the ocean where it is impractical to wear a mask). The first aid kits will be stocked with appropriate PPE - additional masks, gloves etc.

PATROL COMMENCEMENT Patrols will commence on Saturday 18th September which also coincides with the first day of the NSW school holiday period. Despite COVID-19 (more on this below), our patrol obligations remain unchanged from previous years; that being: we are required to patrol **every Saturday, Sunday and public holiday from 18th September**

2021 until Monday 25th April 2022. The patrol hours remain at 9:00am to 1:00pm for morning patrols, and 1:00pm to 4:00pm for the afternoon patrols with the exception of the Christmas School Holiday period in which we finish patrolling at 5:00pm. For an interim period, we will be proceeding with a COVID patrol roster. Your Patrol Captain will be in touch with you to provide further details, and the COVID roster will also be distributed to all patrolling members once this is finalised.

WHAT IS A COVID PATROL ROSTER?

Even though we are not in an LGA of concern, for an interim period we will be patrolling with a minimum of 3 and a maximum of 6 patrolling members, per shift – and preferably to ensure there is no cross-over, the patrol team will patrol for the day. This of course will be determined by member availability and each shift may consider a number of patrol teams to make up the numbers & required position qualifications. Members who are not listed to patrol on the COVID roster will not be penalised in terms of hour accumulation for the season. Each patrol will be run in accordance with a COVID safety plan.

There will shortly be a Patrol Captain and Vice Captain meeting to go through patrolling with COVID requirements and the COVID safety plan in detail, and they in turn can meet with their respective patrols. Any queries or concerns, I am happy to speak with you.

The annual gear inspection was little different this year as well, as lockdown meant it could not take place on the designated dates. Fortunately, thanks to Neil Robertson, Dennis Meagher and Steve Kelly – these three were able to get Sawtell's equipment and stock ready early to ensure it could be repaired

as appropriate, inspected and put away afterwards. Huge thanks to them and other members' who gave up their time in this regard.

Prior to lockdown, Sawtell and Coffs Harbour Clubs had combined to put together an IRB Drivers Course. The trainees are looking really good and the exam date had been set... then lockdown! Stayed tuned as we will ensure we get these drivers assessed at the first available opportunity once training restrictions lift.

Just a reminder with the patrol season starting that all members take time to look after the equipment. Not handling it roughly, not driving the vehicles in water, and following all operating procedures and carefully washing things down at the end of every afternoon patrol etc. If we can all do this, it extends the life of the equipment and ensures it is left in good condition for the next oncoming patrol. We have a new side-by-side coming soon – so stayed tuned for updates on its arrival.

Our gear and maintenance officer for this season is Tony Ensby, and Scott Rayson continues to hold the position of IRB Captain. It is essential any item requiring maintenance or is defective is tagged appropriately and noted in the Patrol Log or/ and IRB Log. Tony, Scott and I also need to be advised as appropriate along with your Patrol Captain. There are Defective Equipment tags and cable ties in the patrol shed (downstairs) and IRB shed.

Looking forward to the patrol season commencing, albeit it in a slightly different temporarily format – but hope to see you all soon..



Shelley Lantry
0438 518 103

clubcaptain@sawtellsurfclub.com.au

MEMBER RENEWALS

Membership renewals are now open on the SLS NSW members portal. Please make your membership payment at the time of renewing. If paying for more than one family member please itemise your payments to detail who they are for.

AWARDS Could any member who has not received their award or believe they are entitled to an award which has not as yet been processed please contact the secretary via secretary@sawtellsurfclub.com.au so the oversight can be attended to in a timely manner.



IN LIEU OF JETTY CARNIVAL

24 October
Woolgoolga

CARNIVAL

14 November
Coffs Harbour

INTERBRANCH

4-5 December
Shelley Beach

BRANCH CARNIVAL

13 February
Minnie Waters

STATE TITLES

24 February– 8 March
Sydney Northern Beaches

AUSSIES

2 – 10 April
Western Australia

WORKING WITH CHILDREN CHECK (WWCC)

Could all members who have recently renewed their WWCC please advise the Club so your records can be updated. It is suggested that any member who will be undertaking activities involving children and who does not have a WWCC consider obtaining one now. There is no cost and minimal effort to obtain such if you are volunteering your services.



To Kim Henderson and Ross Waugh
-respectively Female and Male Club
Persons of last season – well done.

SILVER MEDALLION ADVANCED FIRST AID

Levi Bannerman
Andrew Martin

SILVER MEDALLION BEACH MANAGEMENT

Peter Dawson
Kim Henderson
James Moss
Isaiha Phillips

BEACHSIDE RADIOLOGY COFFS OCEAN SWIMS

After a false start in 2019 (another Covid casualty) Sawtell was, thanks to the great support of many members, able to successfully run the Coffs Ocean Swim this year. The Club has again determined to manage the event next year with the swims to take place on **Sunday 3 April 2022**. The Club will again be seeking the support of as many members as possible to assist on the day so please make note of that date.

Beachside Radiology has again agreed to become naming rights sponsor for this event, now into its 25th year, and for that the Club is extremely thankful.

Considerable planning needs to take place prior to the day so, if you can assist, **please let Kerry Bayliss know on 0408 533 182**. With a range of skills required there is certainly a role for you to fill.

Message from Junior Activities

It is that time of the year again! We hope the kids are looking forward to the Nippers Season beginning. We would love to welcome back our returning Nippers, as well as new faces. If your kids have any friends who you think would like to give Nippers a go this season, make sure you let them know how great Nippers is and invite them to register. Online registrations have opened, and we strongly encourage you to have them completed before pool proficiency on September 12.

Register online- www.sawtellsurfclub.com.au.

Further information about Nippers registration including starting age, age categories, pool swim proficiency requirements, merchandise and fees can be found in the Nippers section on the Sawtell Surf Club Website. **ACTIVE KIDS VOUCHERS ARE ACCEPTED!**

All new and returning Nippers **born before 1 October 2014** will need to successfully complete a preliminary skills evaluation by attending a supervised pool swim.

SWIM PROFICIENCY DAY

Where: Sawtell Swim Centre

Date: Sunday 12 September In the case of Covid lockdown extensions, date changes will be announced through Team App, Facebook and our website.

Time: 10.15am- 12.15pm

What you will need:

- ▶ Kids will need to be ready in their swimmers and bring goggles.
- ▶ New Nippers and parents/guardians will need to bring their proof of age documents and/or drivers license to complete their online registration.

There will be no recreational swimming during the session.

All uniforms will need to be purchased online this season under the Nippers section.

TEAM APP Team App is one of our main forms of communication, so we encourage you to download the app. Our Club is listed in Team App as Sawtell Surf Club.

MANLY CAMP Unfortunately, the Manly Camp has been cancelled for 2021 due to the current restrictions. We look forward to welcoming them back in 2022 and continuing the great partnership we have with the Manly Surf Life Saving Club. It is a great opportunity for our Nippers to fit in some extra training during the school holidays and meet some new kids who also love Nippers.

TRAINING At present, due to the current restrictions, Nipper's training is on hold. Stay up to date with changes for training through Team App.

Even though the Nippers are in the off-season, there have been a few activities still occurring.

Important Dates for the 2021-2022 Season

- > First day of Nippers
- Sunday 10 October 2021
- > Break for Christmas
- Sunday 12 December 2021
- > Return from Christmas break
- Sunday 9 January 2022
- > Club Championships (Junior and Senior)
- Sunday 30 January 2022
- > Country Championships
- 4-6 February 2022 (tbc)
- > State Age Championships – 24-27 February 2022 – Sydney Northern Beaches
- > AGM – Sunday 13 March 2022
- > Last day of Nippers
- Sunday 20 March 2022
- > Presentation Day
- Sunday 27 March 2022

Tiffany Easman 0437 000 030



Message from Chief Training Officer

Due to COVID – all practicable skills maintenance will be suspended until November 2021, however members are encouraged to complete the online component which SLS has assigned already. No new training will take place due to current COVID restrictions unless critical. Currently there are issues with the eLearning platform so don't panic you have until 31 December to complete.

SKILLS MAINTENANCE

Members are required to complete the annual skills maintenance online component prior to attending any practical session due to recent changes to the Bronze / SRC. To access the online component, there are two options available.

Mobile Device:

- > Download from the apple store or google store, the app 'sls learning' (etrainingu).
- > Use your members portal user name and password.
- > Click on "My Training".
- > Click on Skills Maintenance 2021/22 Bronze Medallion Theory'.
- > Complete all sections - takes about 1 hour.

Desktop:

- > Access your members portal account.
- > Click on 'elearning'.
- > Click on 'Login to elearning'.
- > Click on My Training'.
- > Click on 'Skills Maintenance 2021/22 Bronze Medallion Theory'.
- > Complete all sections - takes about 1 hour.

NEW CHANGES

ARC Guideline Updates:

Refer to the Australian Resuscitation Council website for more information.

Shock Control bleeding, send for help, reassure.

Snake bites Send for help, immobilise and apply pressure.

Hyperthermia Send for help and cool person by any means available. Treatment for hyperthermia includes ice on the soles, palms and cheeks in addition to groin and armpits. *No longer on the back of the neck.*

Removal of blind finger sweeps for airway management.

PATROL CAPTAINS

All members who wish to hold the position of Patrol Captain for the 2021/22 season must undertake the Supplementary Learning for Patrol Captains training program by **December 31 2021**.

ALL MEMBERS The practicable components of the Bronze/SRC will be signals, run swim run, tube/board rescue (no patient) and non-contact CPR.

AGE MANAGERS are required to complete a proficiency every five years. A member is considered to be proficient:

- On completion of the Age Managers online course
- On completion of the Safeguarding Children and Young People Awareness online course
- Hold the current Working With Children Check or equivalent requirement for their state/territory

POWER CRAFT Award holders *may* need to demonstrate skills in a 'one off' skills maintenance check or may be deemed as proficient via demonstration of competency during normal operational activities. All members must demonstrate proficiency in the pre-requisite awards associated with these awards as follows:

IRB Crew

- > Proficient Bronze Medallion

Silver Medallion IRB Driver

- > Proficient Bronze Medallion
- > Proficient IRB Crew
- > Hold a current state/territory boat license (where applicable)



Andrew Martin
0419 485 401



VALE DAVID JONES

Sawtell SLSC recently farewelled life member David Jones. David contributed to the community and the Surf Life Saving movement so generously over many years.

David joined Sawtell SLSC in January 1964 and patrolled for over 30 years, holding many positions at Club level including President, Club Captain and Chief Instructor as well as Deputy Superintendent at Branch level.

He was a competitor and was a North Coast Branch Champion as a member of surf teams, R&R and March Past.

David was awarded NSW Surf Life Saver of the Year in 1978 – the first time it had been awarded to a member outside the Sydney area.

David was awarded Life Membership of Sawtell SLSC in July 1981.

In 1991 David was awarded Sawtellian of the Year and then Coffs Harbour Citizen of the Year in acknowledgement of his contribution to the Surf Club and the Sawtell community.

David's contribution to the community and Surf Life Saving was simply outstanding.

A true life saver in every sense of the words.



SAWTELL RSL SUPPORT

A massive **THANK YOU** from Sawtell SLSC to Sawtell RSL who have donated \$23,000 for a new ATV in memory of late RSL president David Jones who was a life member of Sawtell SLSC.

David's contribution to the Club is pictured at right.

The surf club is overwhelmed by the RSL Board's generous support.



ROWATHON The Gotcha4life 24hour row is coming up on August 14/15. We would love for everyone to become involved in this fabulous event with rowing in 15, 30 or 60 minute time slots. The last 18 month period has impacted many people in many ways particularly on their mental health. With this row we can come together as a club, check on our mates, do some exercise and overall have fun.

Last year we operated under strict covid conditions and still had families, patrols, a local politician and individual members ranging in age from 12 to 70 participate. 39 people rowed 292,478m

(just under 292.5 km) over the 24 hours of non-stop action. This year we are looking to better our effort with having 2 rowers and more of a social gathering including a BBQ dinner and breakfast, depending what restrictions are in place at that time.

Who is up for a challenge?? Let's all get involved, have some fun and prepare for the upcoming patrol season with this great social event. Text Fiona Lane on **0409 207 965** with your name(s) and preferred time to row. We can cater for people of all fitness ability so please nominate for a time slot so we can start to fill up the roster.



CONTACT

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