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○ MARCH -
APRIL

○ 2021

SAWTELL



Message from the President



The days are getting shorter and a bit cooler but we are still busily preparing for some of the major competition events of the season over the next month or two. A team of our Nippers have just returned from competing at State Age Championships at Swansea-Belmont and I'd like to congratulate all of them for a great effort and pay special tribute to the Coaches and parents who put in so many hours and miles to make sure it's a rewarding and worthwhile experience for everyone. The absence of Country Champs this year due to Covid has I think made some of our competitors even more keen to get out there and have a crack. Well done to everyone who participated at the State Championships. We also have our Club Championships coming up in 2 weeks and then Aussies in April. All the best to competitors, coaches and parents for a successful rest of the season.

We also have more excitement on the horizon with our first effort at hosting the Coffs Ocean Swim 2021. Thanks to the efforts of Kerry Bayliss we are in good shape for this event but will be relying heavily on our broader membership for help on the day - not only in the form of water safety but also in the operational aspects of the swim - set up, pack up and everything else that has to happen. I also reiterate the requests you've already seen - please sign up to assist for this event. It's a great way to contribute to the Club and be part of a fun community event.



There are always people behind the scenes who do so many things for the Club and who are

largely unrecognised. Yvonne Briggs has generously contributed her considerable experience and subject matter expertise in many projects related to the Ocean Swim and was instrumental in assisting the Club to secure grant funding towards the promotion and advertising of the event. Also Phil Webber who is a past long-term patrolling member of the club has been spotted doing a spot of handiwork on the front retaining wall, ensuring member

and visitor safety. Thanks for your efforts Phil. You may have noticed that the planting that has been done on the northern end of the building on either side of the driveway is taking off now thanks ►

3 UPCOMING DATES

- **NIPPERS JASC AGM**
Sunday 14 March
- **SAWTELL CLUB CHAMPIONSHIPS**
9am Sunday 21 March
Backup date:
Easter Monday 5 April
- **COFFS OCEAN SWIM 2021**
Sunday 28 March

COMMUNICATIONS

All club members are reminded of their responsibilities to treat others with the respect and dignity in which they would like to be treated. The club welcomes and all members should welcome appropriate feedback from all our activities and contributions to the community. Inappropriate and unwarranted communication that may cause harm in whatever form is contrary to our Code of Conduct and the Member Protection Policy is not appreciated at any time.

The Code of Conduct can be found on the Club's webpage under Governance.



▶ to some well-timed wet weather and the efforts of Jeff Holmes who has coordinated work parties, provided mulch, manpower and gardening expertise - thanks Jeff!



With the patrolling season winding down and the AGM on the calendar for June, I'd like to remind you about the opportunities to get involved in the leadership of the club. Managing the Club is a big job for our Committee and we welcome anyone who is willing to take on a role. If you are considering getting involved in some way please get in touch with me or one of our friendly committee members.



See you on the beach!
Sheena McTackett
0477 771 481

SENIOR CLUB CHAMPIONSHIPS

Please note the following dates and requirements:

- ▶ Sawtell Club Championships – 21 March 2021 – 9am start
- ▶ Backup date (Easter Monday) - 5 April 2021 – 9am

Must hold a current SRC/bronze medallion.

Must have relevant patrol hours for membership category.

Must complete 2 water events/1 beach event to be eligible for age award.

KALANG RIVER CLASSIC

Our Club is pleased to support this event involving dragon boats, surf craft and outriggers through the provision of an IRB. Thanks to members of the IRB team for undertaking this role.

Building Redevelopment

Further work has proceeded on several aspects of the club upgrade as follows:



NEW PAVING Following the recent completion of the new concrete terrace, Dave O'Leary and a crew of helpful club members undertook to restore the adjoining grass areas with new topsoil and turf. The grass is now well established and looks terrific. It is a credit to all involved.

DRIVEWAY PLANTING More planting and mulching was recently undertaken along the boundary area adjacent to the driveway. A few more plants will be installed in the near future to ensure the area is completely covered in vegetation. This will greatly enhance the area and hopefully deter any further dumping of rubbish.



WASTE MANAGEMENT COMPOUND It has been a long time coming but this important project is about to commence on site. The new facility will provide a discrete and secure new storage area for waste skips and bins which currently clutter the driveway and attract the dumping of public rubbish. The facility will also include a new gas bottle store and grease trap.

Garry Murray 0428 517 665

Message from Chief Training Officer

UPCOMING TRAINING

The following courses are currently being offered in the branch. Any member wishing to do one of the courses please let Chief Training Officer know via email training@sawtellsurfclub.com.au as soon as possible as limited places are available.

PLEASE NOTE If courses are over-booked, another course will be offered. Please make sure your members are advised of

this calendar. Branch is trying to make up for lost time last year due to Covid-19. Details are also on the Branch Website, at www.slsnorthcoast.com along with course syllabus and relevant information.

Andrew Martin
0419 485 401

AWARD	MINIMUM AGE	PREREQUISITES	CLOSING DATE	DATE & VENUE	NO. PARTICIPANTS
ART (AID)	15 years	Proficient in one of the following: <ul style="list-style-type: none"> • Bronze/Cert II PSAR • Resuscitation • First Aid • SRC 	14 March	28 March Woolgoolga	15
FIRST AID (AID)	14 years	Nil	18 April	2 May Woolgoolga	15
Silver Medallion Beach Management - Under review by SLSA	17 years	Hold a BM/Cert II AND be proficient in at least one of the following: <ul style="list-style-type: none"> • Bronze/Cert II PSAR • Radio Operator • ART • First Aid (AID) • Spinal Management 	30 April	15 May Coffs Harbour	15
SMAFA (AID)	15 years	Proficient in: <ul style="list-style-type: none"> • ART-current HLTAID003 & HLTAID007	23 May	3 June at Sawtell	15
SMAR	16 years	Proficient in Bronze/Cert II PSAR	TBA	TBA	10
TAF PRE SEASON			To be Confirmed	22 August Woolgoolga	All TAFS

A combined SRC and Bronze Medallion squad started the course on 7 March at 9am at Sawtell. Please consider undertaking.

NORTH COAST BRANCH WEBSITE

A new Branch website is now live and can be found at www.slsnorthcoast.com.au

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Congratulations to those members who have recently successfully completed the following Awards.

○ | **BRONZE MEDALLION**

Jerome Jalibat
Chris Oakes
Carney Peters
Aiden Vine

○ | **ADVANCED RESUSCITATION TECHNIQUES (AID)**

Adam Newman
Kim Henderson
Keith McPherson
Nicole Morgan

○ | **SURF RESCUE CERTIFICATE (CPR ENDORSED)**

Aria Aspden
Ivy Barker
Zoe Clarke
Fyn Harrison
Ella Klinkers
Dane Lewis
Angus McConnachie
Amelia Moore
Myndee Morris
Audrey Van Schellebeck
Angus Waugh
Asha Wordsworth

○ | **BRONZE MEDALLION THE ARMIDALE SCHOOL**

Patrick Baldock
Angela Blackie
Edward Boydell
Lachlan Carter
Claudia Chaffey
Archie Chick
Oliver Cook
Samuel Coombes
April Draney
Thomas Forsythe
Lachlan Galbraith
Isabella Gooch
Sophia Grant
Toby Hall
Joe Kermode
Jessica Kininmonth
Archer McDonald
John McGregor-Thew
Sophie McRae
Macey Michell
Keeley O'Connor
Nicholas O'Neil
Hamish Pearce
Isaih Ruming
Eliza Ward

Message from the Club Captain

Can you believe it but the current patrol season is about 75% of the way through with each patrol only having 3 more patrols to do before the season finishes on Sunday 25 April. It seems like only a short while ago that we were getting ready for the first patrol of the season.

As advised below by our Chief Training Officer a new SRC / Bronze course started on 7 March at 9am in the club training room. A Bronze Medallion is just the start of the qualification pathway for fully functioning patrols with each patrol also required to have the Silver Medallion Beach Management (held by the patrol captain and



at least one or 2 other patrol members) IRB Driver and Crew and Advanced Resuscitation Techniques. Most of these courses will be run after the patrol season finishes with the IRB Crewperson course commencing in early May. I would encourage all new members and current IRB crew persons to undertake the IRB courses this winter and for experienced patrol members to undertake the Silver Medallion Beach Management when it is run by branch.

Apart from patrols and the forthcoming carnivals we have 2 other significant commitments before the season ends. The first of this is the annual bronze program for The Armidale School (TAS). This year TAS year 11 students will undertake their Bronze with us with the first session being **Thursday and Friday 22 and 23 April**. As has been the case in previous years we will need as many water safety people as possible on the

mornings of those days. Depending on the surf conditions one or both of those mornings may be at the Jetty. If they are at Sawtell an IRB will be required.

The second commitment is much bigger and significant. On **Sunday 28 March** Sawtell will be the lead organizer and manager of the Coffs Ocean Swims under the leadership of Race Director Kerry Bayliss from our club. We will have a very significant commitment for set up and pack up, water safety, first aid and a myriad of other duties on the day. It will be absolutely essential that we have the assistance of as many people as possible to help on the day including to undertake the patrol at Sawtell Beach so please help out.

Thank you for your commitment,

Shelley Lantry 0438 518 103



clubcaptain@sawtellsurfclub.com.au

BELLINGEN POOL

If anyone is interested in some lifeguarding work at the Bellingen Pool please contact Nicolle on 0439 578 689

NEW CLASSES -

YIN YOGA AND SAWTELLO GOSPEL CHOIR

Firstly a Yin Yoga class is soon to commence on Wednesday morning at 6.15am. If interested please contact Leanna Mirenda on 0413 576 567

Secondly Sawtello Gospel Choir on either a Thursday or Sunday from 5.00pm – 6.00pm
Andrew Davis on 0438 883 840 is the contact.

Message from Junior Activities

This month saw the last Branch carnival for the 2020/2021 season being held at Woolgoolga, hosted by Woolgoolga Life Saving Club. Sawtell once again performed well, placing second in the Nipper point score.

Numerous Nippers recently competed at the State Age Championships at Swansea Belmont.

The Nippers who represented Sawtell were:

U9 – Thane Easman, Mia Ryan Sonny Smyth

U11 – Saul Easman, Isaac Ryan

U12 – Brooke Mullholland, Eric Russell, Taylor Williams

U13 – Duke Easman, Madison O’Leary

U14 – Dane Lewis, Amelia Moore, Angus Waugh, Myndee Morris

The Junior Activities Sub Committee (JASC) will be holding their AGM on 14 March 2021. The JASC are always looking for parents and carers to help with the running of Nippers. Being a volunteer has lots of benefits. It can bring meaning and purpose to your life, while increasing your [self-esteem](#) and wellbeing. Volunteering can also relieve [stress](#), and alleviate [symptoms of depression](#). As well as having a positive impact on your community, volunteering can improve your [relationships](#) too. If you feel you could contribute to the JASC roles, please let one of the Committee or Age Managers know.

See you on the beach.
Tiffany Easman
0437 000 030



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BONVILLE SAWTELL LIONS CLUB



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MANY THANKS♥

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