



► Rescue,
skill up AND
fundraise!

PAGE 2 - 3



► Appreciation

PAGE 3



► Nippers Report

PAGE 4



► Members' Room

Balcony

PAGE 5

○ APRIL

○ 2018

SAWTELL s/sc

Message from the President



I hope you enjoyed some downtime over Easter and a chance to spend time with family. I was in Manly and had an opportunity to see their patrols in action over a very busy weekend. It's interesting to note both the similarities (highly competent and committed patrol members; someone brings a cake to patrol) and the differences (number of people on the beach 500+, late finish at 6pm). They had to deal with two incidents in short succession on Saturday afternoon. One swimmer was pulled from the water unconscious and couldn't be revived. The patrol only had minutes to regroup after that to deal with a shark alarm and evacuate hundreds of swimmers from the water. I was impressed but not surprised to see the professional and manner in which the patrolling members responded.

I returned to Sawtell to hear news of the incidents on our beach over the break as you will read in Steve's report. Our patrolling members put so much effort into maintaining their skills and knowledge to be able to apply them with competence and confidence when they are needed. I want to acknowledge and thank the patrolling members who were involved over the weekend – for being there when they were needed, for going the extra mile and committing to an extra hour of patrolling. I'm relieved there were no adverse outcomes and super proud to have you as members of our club. Well done to all.

We are excited to welcome Duncan and Leesa Elliot as the new licence holders of the surf club café which will be opening soon. The club members and the community are all looking forward to seeing the café back in action again. A small team of people from the club have been overseeing essential work to get the space in shape for handover. I particularly want to thank Rob Lyons for the many hours he spent in coordinating contractors, and liaising with other member and community contributors (not to mention the work done by Rob) to get the place looking spick and span. It will be wonderful to see that hub of café activity happening around our club again and I'm sure you will join me in wishing the Elliots well in their new venture.

I had the pleasure to chair the AGM of our Juniors sub-committee earlier in the month. It was encouraging that the majority of key roles were filled with a number of people putting up their hand to 'go again' next season, and also to see some newcomers putting up their hands for roles. Having this continuity is really key to a successful season. However just as important is the continuous

► introduction of new people to the committee. I congratulate and thank the enthusiastic and committed committee who have signed up again for next season, and I encourage all nipper parents and carers to get involved, put your hand up for a role (it doesn't have to be water-based) – there are ways for everyone to contribute. I also want to thank the outgoing Juniors chairperson, Gerard de Carle for his magnificent contribution over the time he has been in the role. Gerard your experience as a very long term member of this club, along with your commitment to making our Juniors an inclusive and positive experience for all leaves a great legacy. We look forward to your continued contribution to the club and hope to see you continuing to impart your surf swimming skills (amongst others) to the ocean swimming training crew. And I'd like to welcome Gerard Klinkers as the incoming Juniors chairperson. Gerard K has been a keen contributor and past committee member and I know will do a great job of leading the Juniors committee – I look forward to working with you Gerard. On the subject of committees, our Club AGM is coming up in June and I'd like to remind you all that there are a number of roles that need to be filled. If you have been harbouring a desire to take on a role in our Club – please don't be shy! We want to hear from you.

Finally, I want to wish the team who are attending Aussies in WA in a couple of weeks the very best. The small crew have continued on with their commitment and hard work as they prepare for the pinnacle event of the season. Alyssa, Aoife, Emily, James, Libby and Orlaith – have a fantastic Aussies – we know you will do Sawtell proud.

Sheena McTackett 0423 022 362

Message from Club Captain

The extent of our commitment to keeping the public safe in the ocean at Sawtell, and the value of that commitment, was starkly demonstrated by the events of the recent Easter long weekend. During the weekend a total of 73 patrol members on 8 patrols undertook in excess of 300 hours on the beach looking after the public. The conditions were at times quite ordinary meaning that the patrols had to be ever vigilant. We performed two rescues with Barry Walker's Patrol 9 undertaking one using an IRB on Friday afternoon and Shannon Wilson's Patrol 2 undertaking one by rescue board after normal patrol hours on Sunday afternoon. The victim on Sunday afternoon was in quite a bad way so the patrol administered oxygen therapy and an ambulance was called. Luckily for the victim the patrol had got to him before he inhaled water into his lungs so transport to hospital was not required. The victim's wife, mother and father were all present on the beach during the rescue and observed the Patrol's rescue and first aid treatment and the ambulance treatment of their husband and son. You can imagine their relief and gratitude for the efforts of our patrol members. We have subsequently received a very nice email from the mother (see page 3).

It wasn't just luck that the patrol was available to perform this rescue after hours as they had deliberately decided to extend the patrol hours due to the number of people in the water and the conditions of the day. Congratulations to Patrol 2. A great result.

As this rescue occurred after hours the Sawtell Emergency Surf Rescue Call Out Team was also activated by SurfCom which resulted in another 3 very experienced club members attending to assist the patrol if required. All of these members arrived well before the ambulance. The Sawtell Call Out Team was also activated by SurfCom on Monday at 5:25 pm with another person caught in a rip at Sawtell. 6 of our members attended the beach on this occasion as did a Council Life Guard. Fortunately the person managed to get out of the rip unaided.

The patrol season is rapidly drawing to a close with only 9 more days to go. That means that most patrols only have one more patrol to do although those who missed out over the Easter Weekend still have 2 to do.

Next Sunday morning we are providing water safety and first aid for the Coffs Ocean Swims. This is a great opportunity to assist the club with fund raising as we always get a substantial donation from the organisers of the event. The size of the donation is contingent upon the number of our members who assist on that day so please

attend if possible. **Can you please text either Scott or me if you can assist?**

The end of the patrol season marks the start of the IRB Crewperson course which will be followed immediately after by the IRB Driver Course. These are really essential skills for our patrols as we cannot patrol without a fully operational IRB with every patrol so I would like to encourage all Bronze members to consider doing these courses. To be eligible to undertake the Crewpersons course you must have a Bronze Medallion and be proficient. To be eligible to do the Drivers course you must be a crewperson and be at least 17 years old at the date of assessment. Both courses are a lot of fun with the emphasis being on practical skills. The IRB training team is champing at the bit waiting for the course to start!

The IRB crewpersons course will commence **7am Sun 29 April** at SAWTELL. As the Club Championships will also be on the 29th the IRB course will finish on this day at 10:00am to enable members to compete in the club championships. Members must advise of commitment prior to that date.

Any inquiries to Shelley Lantry **0438 518 103**
bslantry@aapt.net.au

Steve Rayson 0429 025 845

Letter of Thanks

Following the rescue by Patrol 2 on Easter Sunday the Club received a letter of thanks, an extract of which follows.

"My salutations and deepest appreciation to all those who jumped in and saved my son's life in the sea today.

I have no words to express how much indebted I feel to everyone in the team who swung into action like lightning and without losing a second so swiftly brought my son out of the sea, and revived him. A second could have made the difference.

I have no words but just immense love to you all and the deepest respect for what you stand for.

In a world of strife today, you have shown how precious human life is to you and should be to everyone, and hence, how invaluable you are.'

Whilst thanks are not always given, often due to shock, it is great to see our efforts acknowledged in such a heartfelt way.

Well done Shannon and Ruth.

Message from Chief Training Officer

Our current bronze course will be assessed on 15 April 2018. Wishing all the candidates the best. Thanks to the trainers, Shannon, Fiona, Shelley and Neil.

UPCOMING COURSES

AWARD	MINIMUM AGE	PREREQUISITES	CLOSING DATE see note below	DATE & VENUE	NO. OF PARTICIPANTS
IRB Crew	15 years	Bronze/Cert II	15 April	20 April Sawtell SLSC	10
Spinal	15 years	One of the following: • Bronze/Cert II • First Aid (AID)	20 April	6 May Coffs Harbour SLSC	8-15
Pain Management	15 years	First Aid (AID) & ART(AID)	20 April	6 May Coffs Harbour SLSC	10-20
IRB Drivers	16 years old at commencement 17 years at time of assessment	Bronze/Cert II & IRB Crew	10 May	20 April Sawtell SLSC	

PLEASE NOTE: ALL CLOSING DATES ARE 5.00pm, TWO (2) WEEKS PRIOR TO EACH COURSE.

ALL NAMES – send email to training@sawtellsurfclub.com.au.

Information about these course can be found on the Members Portal / Library / Education Training / Members / NSW / relevant award.

Just log on using your user name and password.

Andrew Martin 0419 485 401

5 UPCOMING DATES

○ COFFS OCEAN
SWIMS

8 April

○ COMMITTEE MEETING

7pm 9 April

○ BRANCH MEETING

7pm 18 April

○ LAST DAY OF
PATROLS

29 April 2018

○ PRESENTATION
EVENING

19 May 2018

SMART DRUM LINE TRIAL RESULTS

A visual of the SMART drumline trial can be found on:

https://m.facebook.com/NSWDPIFisheries/photos/a.142248399305196.1073741828.142000969329939/770493286480701/?type=3&source=54&refsrc=https%3A%2F%2Fm.facebook.com%2Flogin%2Fdevice-based%2Fpassword%2F%3Fref%3D104&ref=104&_rdr

○ COMMUNITY | ○ PLANNING | ○ PROFICIENCY

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www.sawtellsurfclub.com.au

CARNIVAL DATE the big one

○ | AUSTRALIAN
TITLES

14 – 22 April 2018
Western Australia



REPORT ON STATE
CHAMPIONSHIPS
TO COME



Message from Sawtell Nippers

This month saw the last Branch carnival for the 2017/2018 season being at North Beach in Mylestom, hosted by Bellinger Valley North Beach Surf Life Saving Club.

Sawtell once again performed exceptionally well, taking out top honours at the carnival.



Owing to the surf conditions, the second of the Club's Age Championships were postponed. Final club championship points will be calculated from the previous Age Championships. The **Nippers presentation will be held on Sunday 8 April 2018**, with the BBQ commencing at 1pm, and the presentation beginning at 2pm. We warmly invite all Nippers and their families to attend.

The Junior Activities Sub Committee (JASC) successfully held their AGM on 25 March 2018. I would like to take this opportunity to welcome our new Chairperson Gerard Klinkers, Water Safety Coordinator and Assistant, Johnny Welch and Andy Manning respectively, and new Clothing Coordinators Jane Ryan and Sally Kinnaird. Thank you must go to Gerard de Carle as outgoing Chairperson for his effort and commitment, and to our Age Managers

and incoming Committee members for the 2018/2019 season.

Being a volunteer has lots of benefits. It can bring meaning and purpose to your life, while increasing your self-esteem and wellbeing. Volunteering can also relieve stress, and alleviate symptoms of depression. As well as having a positive impact on your community, volunteering can improve your relationships too. The JASC still has the positions of **Publicity** and **Sponsorship Officers** vacant. If you feel you could contribute to either of these roles, please let one of the Committee or Age Managers know.

Wishing all Nippers and their families a safe and happy off season.

Tiffany Easman 0437 000 030

INJURIES

If you have suffered an illness or injury while performing authorised surf lifesaving activities, Workers Compensation may be payable under the Workers Compensation (Bush Fire, Emergency and Rescue Services) Act 1987.

Such injury must be immediately recorded in the Incident Log Book and the necessary paperwork for Workcover purposes submitted within 48 hours.

As the extent of the injury may not be immediately apparent it is best to lodge the paperwork just in case.

Please copy and paste the following link into your search engine for more information and the necessary forms: <http://www.surflifesaving.com.au/members/resources/workers-compensation>

ASSISTANCE REQUIRED & THANKS

Thanks to the people who helped out with TAS bronze candidates on 28 February.

- > Water safety and First Aid help will be needed for the Coffs Harbour Ocean Swim on **8 April**.
- > Assistance will be needed on **24 April** for the erection of tents in preparation for the Anzac Day services.

The Club is fortunate that there are a number of members prepared to offer their assistance when asked. Along with *Rob Lyons* mentioned in the President's Report there are others including:

Bruce Coomber – who ensures the auditorium is clean prior to the arrival of groups such as Life Line, Gentle Fitness and Tai Chi.

Alistair Lane – who willingly repaired the vinyl upholstery on some gym equipment

David Jones – for brickwork required in the cafe.

Many thanks to these members. Your support is appreciated.

MEMBER'S ROOM BALCONY

Whilst work was being undertaken on the existing cafe (hopefully to re-open for the school holidays trading as Sawtell Beach Kiosk) it was noted that there was a crack in the upstairs members balcony - possibly due to concrete cancer. An engineer was engaged to report on such.

Whilst not condemning the balcony outright the Club was advised that remedial work would need to be immediately undertaken and that until such work was complete there should be NO access onto that balcony. Further it was advised that props be placed under the balcony with more props required when remediation work started.

Your Committee must follow these recommendations to avoid any possible liability in the highly unlikely event of an incident occurring. Accordingly the glass door onto the balcony has been bolted shut. The engineer is in the process of preparing plans for such rectification work with the aim of having work undertaken outside kiosk hours. The Club apologises for any inconvenience but safety is our main concern.

HOLDEN

Not only is Holden committed to flying the flag for Surf Life Saving Australia, but they are also treating you as a surf lifesaving member some great Members Offer's. To celebrate the new three-year partnership with Surf Life Saving Australia, Holden want to welcome you to the Holden family! Whether you need a Colorado to fit the surfboard, an Equinox to pack in all the little nippers or an Astra to zip from the café to the beach, they have you covered.

As a member of Surf Life Saving, you have access to exclusive discounts across the Holden range*. You'll even get the latest warranty, roadside or servicing offer at no additional cost, depending on your choice of Holden^.. Just present your member certificate to the dealer, before commencing your purchase. It's that easy.

What you need to do?

1. Print and fill out your member certificate on the [members portal](#)
2. Head into your local dealer
3. Choose your model
4. Purchase your new Holden.



Well done to the following members who have recently completed the following awards

○ | ADVANCED RESUSCITATION TECHNIQUES (AID)

Kevin Clancy
Robert Lyons

○ | BRONZE MEDALLION CERTIFICATE 11 IN PUBLIC SAFETY (AQUATIC RESCUE)

Amanda Bailey Derrett
Martin Cook
Daniela Radulescu
Rebecca Wark

○ | SILVER MEDALLION ADVANCED FIRST AID (AID)

Grace Foster

Also congratulations to Holly Foster who will be attending the YOM camp in Sydney on 16-- 19 April.





Lions Clubs International
BONVILLE SAWTELL LIONS CLUB



coffs solar energy



G.J. Gardner. HOMES

CONTACT

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