



Resuscitation Workbook

Skills Maintenance 2017

Complete the following questions and submit to your Assessor

This content is based on the *Public Safety and Aquatic Rescue* training manual, 34th edition (revised July 2016).

Please note: 100% is required to pass this assessment.

1. Where should you place a blanket or towel under a visibly pregnant woman during CPR?
 - a. Left buttock
 - b. Right buttock
 - c. Left shoulder
 - d. Right shoulder
2. What does 'early access' in the chain of survival mean?
 - a. Identify and reach the patient as quickly as possible
 - b. Commence CPR as soon as possible
 - c. Use the defibrillator as soon as possible
 - d. Promote access to medical assistance, hospitals or doctors
3. According to the Australian Resuscitation Council Guidelines, what is the rate of compressions when delivering CPR?
 - a. Approximately 120 compressions per minute
 - b. Greater than 120 compressions per minute
 - c. Approximately 100 compressions per minute
 - d. 100 to 120 compressions per minute
4. If the patient's stomach starts to inflate while performing CPR, what should you do?
 - a. Push down on the patient's stomach to remove the air
 - b. Check that you have sufficient head tilt
 - c. Nothing – this sometimes happens during resuscitation
 - d. Remove regurgitation from the upper airway
5. How should you position an infant's head during CPR?
 - a. Neutral position
 - b. Sneeze position
 - c. Backward head tilt
 - d. Forward head tilt
6. Can standard adult AED pads be used on a **small** child?
 - a. No – they can never be used
 - b. Yes – if they are placed in the standard position for adult pads
 - c. Yes – if the adult pads are applied in the front-back position
 - d. Yes – if the adult pads touch each other on the child's chest

REMEMBER

ALWAYS carry your PPE kit with you when you are on patrol.