

# INFORMATION BOOKLET FOR NEW MEMBERS



## o | CLUB NEWS

The Club uses a range of methods to ensure members are provided with timely and relevant information including notice boards on the Club premises, the Club webpage, emails to members and sms to members. The Club also has a facebook page: [www.sawtellsurfclub.com.au](http://www.sawtellsurfclub.com.au)

- equipment if training
- > Opportunity to participate in a range of carnivals, including our annual club championships
- > Opportunity to join one of the various groups that call our Club home including Tai Chi, Girlfit, early morning swimmers and 9am swimmers.

## o | CLUB MEETINGS

Club meetings are held on the second Monday of each month starting at 7pm in the Club multi-purpose room. All members are both encouraged and welcome to attend.

## o | SPONSORS



## o | WELCOME

*On behalf of Sawtell Surf Life Saving Club I warmly welcome you as a member and thank you for deciding to join our Club.*

*Our aim is to ensure all our members have a positive experience. We understand the importance of recognising and catering for individual needs, also to challenge each other to grow, adapt and positively engage in life saving skills and community service. We want to contribute to a local community where each member is encouraged to build and maintain healthy lifestyles and relationships – and build a club that people want to belong to.*

*There are many ways you can get involved – it is up to you as to how much benefit you will accrue whilst a Club member.*

*I look forward to you having a productive and valued time with Sawtell SLSC.*

**Sheena McTackett**  
President

## o | CLUB HISTORY

Formed in 1932 the Club has been through both lean and good times. A snapshot of our history can be viewed on the club webpage. <http://www.sawtellsurfclub.com.au/club-history/>

Whilst many things have changed over the years there is one constant – our volunteer members patrolling the beach who give freely of their time to assist in keeping both our local community and visitors to our area safe.

Feel free to wander through the Clubhouse auditorium and member's room to see examples of memorabilia from over the years.

o COMMUNITY | o PLANNING | o PROFICIENCY

**Our Club, a place to Belong, Grow and be Safe**  
[www.sawtellsurfclub.com.au](http://www.sawtellsurfclub.com.au)



## O | ABOUT THE CLUB

Today the Club is successful in many aspects including lifesaving, nippers, competitions, fundraising and community service – all achieved solely by volunteers.

The Club is affiliated with Surf Life Saving – North Coast Branch which comprises 8 clubs extending from Minnie-Waters in the North to Nambucca Heads in the South. Through our affiliation with the Branch we in turn become affiliated with SLSNSW and SLSC.

The Club is run and managed in accordance with its Constitution and By-laws which all members are deemed to have read and accepted.

These documents can be found via the following links:

<http://www.sawtellsurfclub.com.au/wp-content/uploads/2016/01/SAWTELL-SLSC-Constitution-20.09.15.pdf>

<http://www.sawtellsurfclub.com.au/wp-content/uploads/2016/01/Sawtell-SLSC-By-laws-20.09.15.pdf>

In its day-to-day patrolling operations Sawtell is governed by Standard Operating Procedures issued by SLS. A copy can be found in the Club First Aid Room.

## O | CLUB CONTACT DETAILS

Most of what you need to know can be found by accessing the Club webpage:

[www.sawtellsurfclub.com.au](http://www.sawtellsurfclub.com.au)

**Please use this as your first reference point.**

The Club's physical address is 22 Fourth Ave Sawtell NSW 2452 and the postal address is PO Box 74 Sawtell NSW 2452. There is no phone at the Club.

## O | CLUB CODE OF CONDUCT

As a member of Sawtell Surf Life Saving Club you agree to be bound by a Code of Conduct.

The Code of Conduct can be found via the following link: <http://www.sawtellsurfclub.com.au/wp-content/uploads/2015/12/Sawtell-SLSC-Code-of-Conduct.pdf>

## O | BECOMING A MEMBER

While we are all volunteers, as a patrolling member of the club you have a commitment to comply with the requirements of our membership, as patrols are the core business of our Club and must be performed in a competent and professional manner.

Whilst many of our members come through our Nipper membership, the starting point for others will be undertaking training for

the Bronze Medallion which is the basic life saving qualification needed to undertake patrol duties and participate in competition.

Necessary pre-requisites of a Bronze Medallion are

- > be at least 15 years of age on the date of final assessment and
- > complete an unaided swim (goggles/masks permitted) of 400 metre swim in nine (9) minutes or less, in a swimming pool of not less than 25 metres, or over a measured open water course which will be observed prior to the candidate undertaking any water training or assessment activities, evidence of which must be provided to the Assessor on the appropriate form prior to commencement of the assessment for this qualification.

There is also another pathway to undertake patrols for those who are not competent in the water. This involves undertaking radio and first aid courses as these also are a core part of our business.

The following link provides an outline of these course: <http://www.sawtellsurfclub.com.au/educationtraining/>

Whilst the Club does charge persons for their initial qualification once you become an active patrolling members you can undertake a range of courses at no cost (except for a possible manual).

## O | WHAT SAWTELL SLSC EXPECTS OF YOU

The Club expects that all members will

- > Undertake all rostered patrols or organise a substitute if unavailable
- > Assist the Club in its ongoing fund raising efforts and assist in any community activities with which the Club may be involved
- > Abide by the Club Code of Conduct
- > Advise the club of any WH&S issues
- > Not rely on everyone's best friend "someone else"

## O | BENEFITS OF MEMBERSHIP

- > Opportunity to be an important team member in a valuable community service
- > Membership of a great Club with like-minded people
- > Learning valuable skills that may one day save a life
- > Opportunity to undertake additional learning to update your knowledge at no cost
- > Access to the Club gym (following mandatory induction)
- > Opportunity to join a range training groups under the eyes of our qualified coaches
- > Access to the Club members room with its great ocean views
- > Access to use of Club