

# Surf Life Saving North Coast



**Beach:** Sawtell \_\_\_\_\_

**Date** \_\_\_\_\_

**Candidate's Name** \_\_\_\_\_

**Club** Sawtell \_\_\_\_\_

**Date of Birth** \_\_\_\_\_

**Awards/Disciplines**

	SRC	BM	Resuscitation	ARTC	Radio	Spinal Mgt	Pain Mgt	ATV	IRBC	SMIRBD
Signals (At least 4 Correct)			Must include new "OK/All Clear" & "Code X" signals.							
Run-Swim-Run	100+100+100/5m	200+200+200/8 m	Swim time to be initialled by assessor. (Must have 2 buoys).							
Board Rescue <b>OR</b>			} Negotiate Surf, Secure Patient, Return with patient & signal.							
Tube Rescue										
Assessment - Live patient					Assessment of Live Patient + Lateral Position					
Resus on Manikin (with O <sub>2</sub> )			O <sub>2</sub> not required		1 & 2 Person CPR with mask & O <sub>2</sub> supplement					
Defibrillation										
Oxy Viva Operation					Conscious & Unconscious patient.					
OP Airway & Suction					When to use and correct measurement.					
Radio procedures						At least 3 questions each.				
Spinal board application in surf environment										
Spinal board application on land										
Driver's Licence currency check		D/L # _____						Exp. __ / __ / __		
IRB Awareness			(only req'd if not proficient since last season).							
Code of Conduct	Questions on safety and the Powercraft Code of Conduct									
Parallel Run										
Figures of 8										
Response to signals										
Surf negotiation										
Patient Rescue										
Patient lift, exit, carry, lay and assess			(only req'd if not proficient since last season).							
Reboard from deep water										

**Head Assessor's Signature** \_\_\_\_\_

**Candidate's Signature** \_\_\_\_\_

Assessor to initial squares and write name in vicinity of component assessed