



► NSW State
Championships

PAGE 2



► Nippers

PAGE 3



► Consider this!

PAGE 4



► Drought Relief

PAGE 5

○ APRIL

○ 2019



SAWTELL

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Message from the President

It is hard to believe we are nearly at the end of the season and I'm sure that you are all looking forward to a break from the patrolling routine and enjoying some winter sports and activities. We still have the busy autumn holidays to come, including Easter and the Anzac holiday so will no doubt have plenty to keep us occupied. The end of the season will bring opportunity to commence some of the building works we have been working and planning towards. This requires a significant amount of time, expertise and coordination of resources and I would like to recognize the efforts of Garry Murray, Rob Lyons and Steve Rayson who are busy behind the scenes doing what is required to get these projects started.

This week also marks the culmination of the competition season with the Australian Titles (Aussies) taking place up on the Gold Coast. Congratulations to our Aussie Youth Team who have just had some wonderful results including a podium place from Cloe Nolan in the 2km beach run. It's no mean feat to make it to a final in Aussies, much less medal so it's a fantastic effort from Chloe to get that result. The Seniors will compete later in the week and I wish all competitors (and their tireless towel carriers) the best of luck.

Steve Rayson and I had the opportunity to meet with the team from Coffs Council Lifeguard service recently. Sawtell Beach has been chosen as the trial site for placing rescue tubes at strategic points along the beach to create easier access to floatation devices during non-patrolling periods, when so many drownings occur. Council are driving this worthwhile initiative but in close collaboration with the club. While we hope they never have to be utilized, it will be reassuring to know they are there. Thanks to Mick McGavigan

who has been doggedly driving this project and hassling all the right people to make sure it doesn't get left on the shelf. Good on you Mick.

I would like to thank and congratulate Gerard Klinkers who has been re-elected as the Juniors chairperson for the coming season. Gerard has done an outstanding job of leading the Juniors committee this past season. I have appreciated Gerard's approach and attitude in navigating some tricky issues and look forward to working with him and the newly elected Juniors committee in the future.

On the subject of committees, our Club AGM is coming up in June and I'd like to remind you all that there are a number of roles that need to be filled. If you have been harbouring a desire to take on a role in our Club – please don't be shy! We want to hear from you.

See you at the beach!



Sheena McTackett
0477 771 481

Message from Club Captain

*The patrol season is rapidly coming to a close with most patrols only having to undertake 2 more before we pull the flags down for this season. The date of the last patrol is **Sunday 28 April** with the honour of being the last patrol going to Patrol 11. Despite the season coming to an end soon we are still getting very good numbers to the beach as the water is just beautiful at about 25–26 °C. The weekend of the club championships was absolutely magnificent and all competitors had a good time. Thanks to the stalwarts from the club who, yet again, set the carnival up, managed the carnival including water safety and did most of the pack-up. Their expertise and dedication is invaluable. It is disappointing that more members are not prepared to assist with the carnival workload.*

The Armidale School (TAS) had the 3rd of their pre winter training sessions at Sawtell on Monday 18 March. Again we were blessed with near perfect conditions for the day with all participants having a really good training session. Thanks to all those who assisted with training and water safety on the day and the previous 2 sessions this year. The 21 TAS students will be back in November for a total of 7 days to complete their bronze training.



All surf clubs have an Emergency Call Out Team for out of hours incidents or to assist patrols in very serious incidents. Ours consists of 8 members, all IRB qualified, who live relatively close to the club and who are frequently available to respond to call outs. Our team was called out on Saturday 23 March at 5:00pm following a triple zero call to the police that a kite surfer was in trouble near the island. 6 of the 8 members of our call out team responded without delay and in no time had communications established, an IRB in the water, support on the beach and a lookout established on the headland. The kite surfer was assisted and a potential serious outcome avoided. Our ability to provide this surf safety service to the public in addition to our patrol obligations is just another one of the benefits of our organization. I would like to thank all the members of the Sawtell Call Out Team for their commitment and assistance to the Organization.

The Coffs Ocean Swims will be held on **Sunday 7 April**. Unfortunately many of our usual helpers will be away due to the Aussies and a few other events so we are really looking for new people to assist with the water safety and first aid effort. The more members we have the bigger the donation to the club and, importantly, the better safety service we provide to the swimmers. Please help if you can. Scott Rayson **0429 805 602** will be leading our effort this year.

The IRB Crewpersons course which will commence on **Sunday 5 May at 07:00**. This course is open to all patrolling Bronze medallion holders. The IRB Crew course will be followed by the IRB Drivers Course which is open to IRB Crewpersons who are 17 years of age this year. I strongly recommend these courses to all eligible people. Not only are they a lot of fun but you will develop valuable skills which are essential to all patrols. Without IRBs we are not allowed to patrol the beach. Shelley Lantry **0438 518 103** will be the lead trainer for the IRB Crewpersons course. Please advise her if you are interested in the course.



Steve Rayson 0429 025 845

Competition Manager's Report

The NSW State Championships were held 6-10 March at Swansea Belmont. Sheena McTackett our President was the only Masters competitor to compete this year. Sheena came away with a 4th place in the board race narrowly missing out on a medal, and 7th in the swim. Well done, Sheena!

We had 14 competitors from the U15's and U17's compete in the Open Championships. The conditions were a slight swell, windy on Friday and little to no wind Saturday and Sunday with the sun out and shining. I hear this was a little different to the juniors last weekend.

Day 1 resulted in our first medal of the weekend, with Cloe Nolan winning a Bronze medal in the U15 2km run! Fantastic

achievement! Breah Fischer place 6th in this race as well – pretty good for a 13 year old! Hayley Fischer and Cloe placed 5th in their board rescue and they teamed up with Orla Carey in the board relay for a 14th place.

Day 2 was our best achievement for the weekend. Our U17 girls, Libby Waugh, Alyssa Golding, and Emily Meacham teamed up to win Gold in the U17 Ski Relay! What a race it was. Emily got us off to an amazing start, coming in 5th and tagging Libby whom made up 2 places in her leg to then tag Alyssa who finished off the last leg coming into the beach alongside Wanda with a sprint to the finish line to win Gold! It was such an exciting finish. Libby and Alyssa teamed up in the U19 Double Ski Race and came away with our 3rd medal for the weekend with a Bronze medal!

Fabulous for a couple of 15 year olds. Emily and Kate Murray also placed 6th in this race. Our U15's mostly got through to semi-finals in their board races, which was disappointing, but the seaweed won on the day unfortunately. Hayley Fischer went to the sprint track to take away some of her disappointment and placed 6th in the final! Well done, Hayley.

Day 3 was individual finals day. Alyssa placed 7th in the U17 board race. Emily placed 14th in the Open Ski Race. We also had 3 x U17's in the Ski Final, with Libby placing 6th, Emily 8th, and Alyssa 15th! All that ski training had paid off!

To put things into perspective, it's not easy even making a final at State. To come away with these results, it's a lot of hard work, dedication, commitment, and compromise.

Good luck at our final carnival of the calendar, Aussies!

Leigh Golding



6 IMPORTANT DATES

- AUSSIES
30 March — 7 April
- COFFS HARBOUR OPEN SWIMS
7 April
- ASSISTANCE WITH TENTS FOR ANZAC DAY
24 April
- PATROL CAMERON & ASSISTANCE WITH TENTS FOR ANZAC DAY
25 April
- PRESENTATION EVENING
18 May
- CLUB AGM
30 June

Nipper News

This month saw our annual presentation held on Sunday 17 March, which was very well attended by Nippers and their families. A BBQ was held as a thank you for everyone's contribution to the Club over the season, and a fundraising raffle was held with prizes being drawn at the end.

All Nippers were presented with a participation medal for the 2018/2019 season. For each age group, the Age Champions for male and female first, second and third place getters were also presented with trophies.

The Sabrina Tisdell nominations were also announced. This award was inaugurated 2014/15 by the family of the late Sabrina Tisdell, a former Nipper Chairperson, long term member of Sawtell Surf Club, and mother of two former Sawtell nippers. The award is for sportsmanship up to U14s, particularly those Nippers competing with integrity and grace. The winner is determined from a group of nominees, comprised of one from each age group.

The nominations for 2018/2019 are:

U14s Claudia DeCarle
U13s Brea Fischer
U12s Dane Lewis
U11s Amber McKeon
U10s Mariah Mazaraki
U9s Jude Aspden
U8s Max McKeon

The winner will be announced at the Award at the **Seniors Presentation Evening** to be held on **18 May**. The best of luck to each of these nominees!

Tiffany Easman
0437 000 030





Congratulations to the following members on recently obtained Awards:

O | ADVANCED RESUSCITATION TECHNIQUES (AID)

Lucy Alkemade
Grant Cameron
Russell Day
Shauna Ellis
Lyn Hastings
Carly Mosti

O | FIRST AID (AID)

Levi Bannerman
Clover Bourne
Shauna Ellis
David O'Leary
Isaiha Phillips

SUNGLASSES – Found

A pair of prescription sunglasses has been handed in. Please contact the Club for their return.



Message from Chief Training Officer

UPCOMING COURSES

TRAINING OFFICER CERTIFICATE (TOC)

Surf Life Saving NSW is pleased to offer places in the upcoming TOC course at Port Macquarie to members interested in becoming training officers in their clubs and branches.

DATE	<ul style="list-style-type: none"> Saturday 15 June 2019 – Day 1 Sunday 16 June 2019 – Day 2
TIME	<ul style="list-style-type: none"> Saturday 9:00am – 5:00pm Sunday 9:00am – 3:00pm
VENUE	<ul style="list-style-type: none"> SLSNSW Port Macquarie Regional Office Central Road Port Macquarie NSW 2444
CLOSING DATE	Expressions of interest close early May 2019
NOTE	<p>The cost of this course has been subsidised by Surf Life Saving NSW.</p> <ul style="list-style-type: none"> > Catering for both days is included. > Shared accommodation where required on Saturday night may be available upon request and approval by SLSNSW. <p>If you have any questions, please contact:</p> <ul style="list-style-type: none"> > Member Training and Education Team on 02 9471 8000 > OR email education@surflifesaving.com.au

SILVER MEDALLION ADVANCED FIRST AID

Please note that this Branch run course will now be held on 29 or 30 June NOT 15 June as previously advised.

Phone 0429 805 602 if interested.

Could all Trainers, Assessors and Facilitators please note that the mandatory Pre-Season Meeting will be held on 8 September at Sawtell with the venue tba.

Please consider these training opportunities!



Andrew Martin 0419 485 401

Ian Dellar Crest of the Wave Award for Surfing

James Hill was awarded the Ian Dellar Crest of the Wave for Surfing at last season's Presentation Evening. It was the inaugural award and there was not an actual trophy to present him at the occasion.

The trophy is now in James's possession. It was designed and made by Ian and Genevieve. The concept of the dolphin is inspiring for surfers. The materials are recovered timber from the Sawtell Cinema renovation and high-fired porcelain.



GOODOOGA SCHOOL VISIT

Sawtell-Bonville Lions Club organised for students from Goodooga Central School to come to the coast for a week's holiday to escape the drought and have some fun on the coast. Goodooga is located 740 km north west of Sawtell and boasts a population of about 250.

A full-on program was arranged for this visit with Lions asking our Club to be involved on two mornings of their stay.

Thank you to Kel Peace and Pete Dawson for taking the lead and helping educate these kids. They learnt beach safety and survival tips and enjoyed swimming and catching waves in the ocean. Thank you to all our water safety largely comprising, amongst others, our U14 members for your help and support which ensured the kids were safe and had a great time.

This visit was a fantastic initiative for the Lions Club to arrange and it was wonderful to see our community embrace these kids. Well done Lions and thank you for allowing us to be part of your program.



PATROL CAMERON The competition season is just about over but there is still one more event on the calendar. Sunday April 28 is our End of Season Fun Day. All patrols gather your troupes for the Patrol Cameron. 4 person team event to include an SRC, a Master, a Bronze holder and mixed gender.



Other events include Survivor Challenge, Dash 4 Cash, Wade Relay and some **mystery events**. This event is open to all patrolling members from 13-70. Don't let the kids have all the fun. Be on the beach in front of the tower at **9.30am to register for a 10am start**. Cheryl Lane will be looking for some assistants on the day.

ASSISTANCE REQUIRED

COFFS HARBOUR OCEAN SWIMS

7am sign-on for
8am first event 7 April

ANZAC DAY

tent set-up 4pm 24 April
pack-up ~12.30pm 25 April

SUNGLASSES

Born in Bondi, Local Supply was founded from the same needs as yours. We wanted high quality and great looking sunglasses that we could wear anywhere without being too precious. That's why we create thoughtfully designed eyewear at an accessible price, so you can focus on living your best life. All of our sunnies are polarized and can withstand the harshest of conditions. Proceeds from the sale of every pair of Local Supply x SLSA sunglasses supports volunteer lifesavers around Australia. If you're a member of SLSA you can get \$30 off our SLSA range AND we'll donate your \$10 back to your local club. Shop the range [here](#)

Laura Colantonio

www.localsupply.com

LOCAL SUPPLY



COMMUNITY | PLANNING | PROFICIENCY

Our Club, a place to Belong, Grow and be Safe

www.sawtellsurfclub.com.au

SAWTELL SLSC AWARDS NIGHT



SAWTELL SLSC AWARDS NIGHT

Venue: SAWTELL RSL CLUB

Date: Saturday 18 MAY 2019

Time: 6.00 pm for a 6.30 pm start



SEAFOOD BUFFET DINNER

\$25 Per Head MEMBERS

\$40 Per Head NON MEMBERS

CHILDREN (U14) \$20 Per Head

RSVP by **12 May 2019** to Dianne Clark M:0407 408 109

Tickets must be pre-purchased

Preferred method of payment is a Direct Debit to Sawtell SLSC

BSB 533-000 A/c 72589 (add S11.1 if transferring from a BCU A/c)

Please use your Name & no. of tickets as reference





Coffs Coast Kia



The Power to Surprise



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